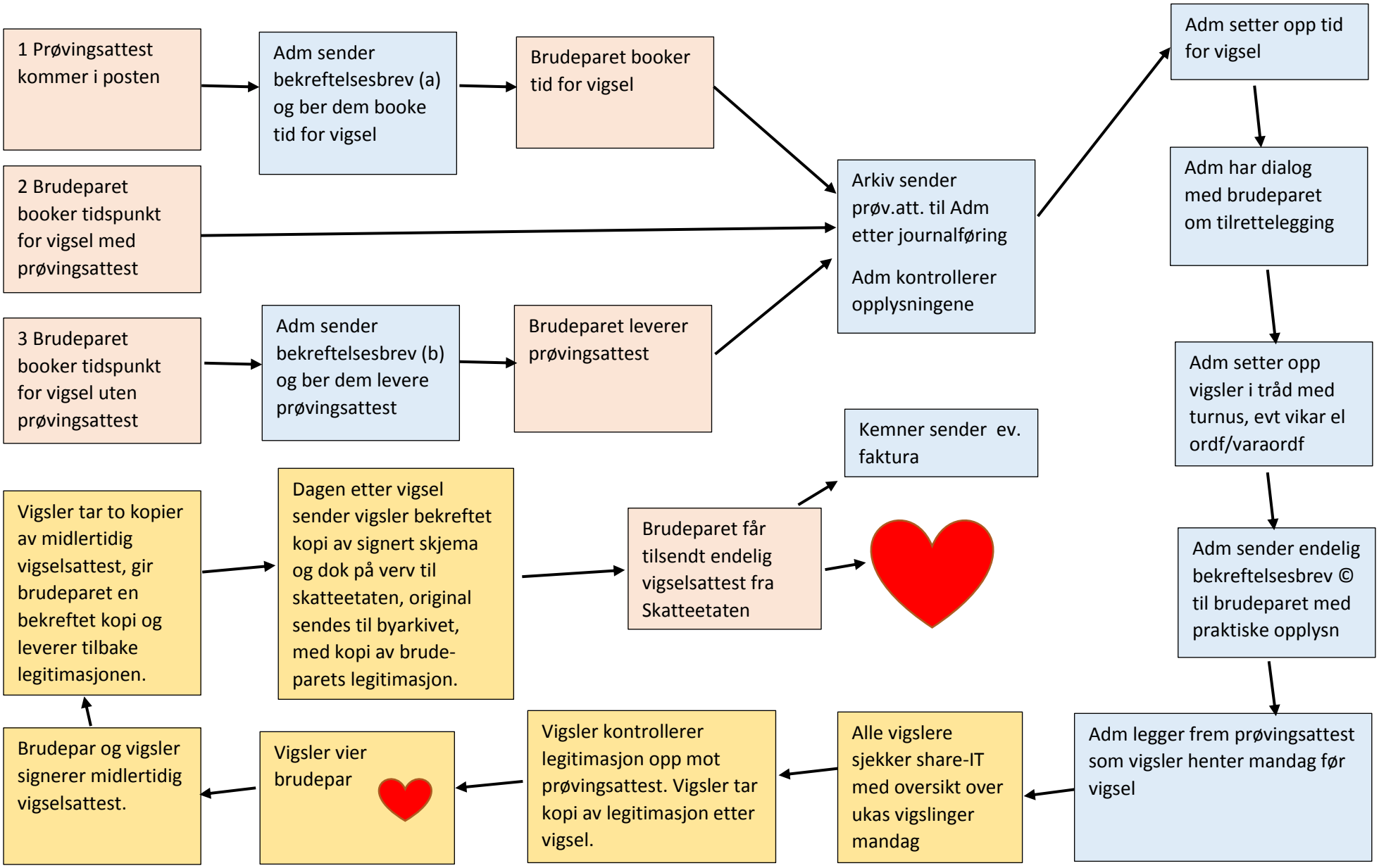Vigslingsprosess